

## 2024 Preventive medications and your plan

Effective Jan. 1, 2024



### Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan.

To check the cost of any medication, call the number on your Optum Rx member ID card, visit your plan's website on your member ID card, or log on to the Optum Rx app.

### Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective. Using generics may be required based on your plan benefit.

### A list of covered preventive medications begins on the next page.

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your Optum Rx member ID card. This list should be used as a reference and may not include all medications.

## 2024 Select HDHP Preventive Generics Medication List

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Drug Name	Drug Name
Anti-Addiction / Substance Abuse Treatment Agents	citalopram hydrobromide oral tablet
bupropion hcl er (smoking det)	desvenlafaxine succinate er
habitrol	duloxetine hcl oral
mini nicotine	escitalopram oxalate oral
nicotine gum	fluoxetine hcl oral capsule
nicotine mini	fluoxetine hcl oral capsule delayed release
nicotine mouth/throat gum 2 mg, 4 mg	fluoxetine hcl oral solution
nicotine mouth/throat lozenge 2 mg, 4 mg	fluoxetine hcl oral tablet
nicotine polacrilex mini	fluvoxamine maleate
nicotine polacrilex mouth/throat	fluvoxamine maleate er
nicotine step 1	mirtazapine oral
nicotine step 2	olanzapine-fluoxetine hcl
nicotine step 3	paroxetine hcl
nicotine transdermal kit 21-14-7 mg/24hr	paroxetine hcl er
nicotine transdermal patch 24 hour 14 mg/24hr, 21 mg/24hr, 7 mg/24hr	sertraline hcl oral concentrate
nicotine transdermal system	sertraline hcl oral tablet
px stop smoking aid	venlafaxine hcl
quit2	venlafaxine hcl er oral capsule extended release 24 hour
quit4	venlafaxine hcl er oral tablet extended release 24 hour
varenicline tartrate	Antiemetics - Drugs for Nausea and Vomiting
varenicline tartrate oral tablet therapy pack 0.5 mg x 11 & 1 mg x 42	compro
Anticoagulants	Antineoplastics - Drugs for Cancer
dabigatran etexilate mesylate	anastrozole oral
enoxaparin sodium	exemestane
fondaparinux sodium	letrozole oral
heparin sodium (porcine)	tamoxifen citrate oral
heparin sodium (porcine) pf	toremifene citrate
jantoven	Antiplatelets
warfarin sodium oral	aspirin-dipyridamole er
Antidepressants	cilostazol
bupropion hcl er (sr)	clopidogrel bisulfate oral
bupropion hcl er (xl) oral tablet extended release 24 hour 150 mg, 300 mg	dipyridamole oral
bupropion hcl oral	prasugrel hcl
citalopram hydrobromide oral solution	Antipsychotics - Drugs for Mood Disorders
	aripiprazole
	asenapine maleate

Refer to benefit plan documents to make sure listed medication is included in your benefit. Oral and self-injectable specialty medications may have limitations based on your plan benefit.

Drug Name	Drug Name
chlorpromazine hcl oral	nevirapine er
clozapine	ritonavir
fluphenazine hcl oral	tenofovir disoproxil fumarate
haloperidol lactate oral	zidovudine
haloperidol oral	Cardiovascular Agents - Drugs for Heart and Circulation Conditions
loxpipime succinate	acebutolol hcl oral
lurasidone hcl	aliskiren fumarate
molindone hcl	amiloride hcl oral
olanzapine intramuscular	amiloride-hydrochlorothiazide
olanzapine oral	amlodipine besylate oral
paliperidone er	amlodipine besylate-benazepril hcl
quetiapine fumarate	amlodipine besylate-valsartan
quetiapine fumarate er	amlodipine-atorvastatin
risperidone	amlodipine-olmesartan
thioridazine hcl oral	amlodipine-valsartan-hctz
thiothixene	atenolol oral
trifluoperazine hcl	atenolol-chlorthalidone
ziprasidone hcl	atorvastatin calcium oral
ziprasidone mesylate	benazepril hcl oral
Antivirals	benazepril-hydrochlorothiazide
abacavir sulfate	betaxolol hcl oral
abacavir sulfate-lamivudine	bisoprolol fumarate oral
atazanavir sulfate	bisoprolol-hydrochlorothiazide
darunavir	bumetanide oral
efavirenz	candesartan cilexetil
efavirenz-emtricitab-tenofo df	candesartan cilexetil-hctz
efavirenz-lamivudine-tenofovir	captopril oral
emtricitabine	captopril-hydrochlorothiazide
emtricitabine-tenofovir df	cartia xt
etravirine	carvedilol
fosamprenavir calcium	carvedilol phosphate er
lamivudine oral solution	chlorthalidone
lamivudine oral tablet 150 mg, 300 mg	cholestyramine light
lamivudine-zidovudine	cholestyramine oral
lopinavir-ritonavir	clonidine
maraviroc	clonidine hcl oral
nevirapine	

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Drug Name	Drug Name
colesevelam hcl	isradipine
colestipol hcl	labetalol hcl oral
digoxin oral	lisinopril oral
diltiazem hcl er	lisinopril-hydrochlorothiazide
diltiazem hcl er beads	losartan potassium oral
diltiazem hcl er coated beads	losartan potassium-hctz
diltiazem hcl oral	lovastatin oral
dilt-xr	matzim la
doxazosin mesylate oral	metolazone
enalapril maleate oral	metoprolol succinate er
enalapril-hydrochlorothiazide	metoprolol tartrate oral
eplerenone	metoprolol-hydrochlorothiazide
ethacrynic acid	metyrosine
ezetimibe	minoxidil oral
ezetimibe-simvastatin	moexipril hcl
felodipine er	nadolol oral
fenofibrate micronized oral capsule 130 mg, 134 mg, 200 mg, 43 mg, 67 mg	nebivolol hcl
fenofibrate oral	niacin (antihyperlipidemic)
fenofibric acid	niacin er (antihyperlipidemic)
fluvastatin sodium	niacor
fluvastatin sodium er	nicardipine hcl oral
fosinopril sodium	nifedipine er
fosinopril sodium-hctz	nifedipine er osmotic release
furosemide oral	nifedipine oral
gemfibrozil oral	nimodipine oral
guanfacine hcl	nisoldipine er
hydralazine hcl oral	nitroglycerin sublingual
hydrochlorothiazide oral	nitroglycerin transdermal
icosapent ethyl	nitroglycerin translingual
indapamide	olmesartan medoxomil oral
irbesartan	olmesartan medoxomil-hctz
irbesartan-hydrochlorothiazide	olmesartan-amlodipine-hctz
isosorb dinitrate-hydralazine	omega-3-acid ethyl esters
isosorbide dinitrate	perindopril erbumine
isosorbide mononitrate	phenoxybenzamine hcl oral
isosorbide mononitrate er	pindolol
	pravastatin sodium

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Drug Name	Drug Name
prazosin hcl oral	glyburide oral
prevalite	glyburide-metformin
propranolol hcl er	metformin hcl er
propranolol hcl oral	metformin hcl er (mod)
quinapril hcl	metformin hcl er (osm)
quinapril-hydrochlorothiazide	metformin hcl ir
ramipril	miglitol
ranolazine er	nateglinide
rosuvastatin calcium	pioglitazone hcl
simvastatin oral	pioglitazone hcl-glimepiride
sotalol hcl (af)	pioglitazone hcl-metformin hcl
sotalol hcl oral	repaglinide
spironolactone oral	saxagliptin hcl
spironolactone-hctz	saxagliptin-metformin er
taztia xt	Electrolytes / Minerals / Metals / Vitamins
telmisartan	adc/f (0.5mg/ml)
telmisartan-amlodipine	classic prenatal
telmisartan-hctz	endur-acin
tiadylt er	endur-amide
timolol maleate oral	kosher prenatal plus iron
torsemide	kpn prenatal
trandolapril	multi prenatal
trandolapril-verapamil hcl er	multi-vit/iron/fluoride
triamterene oral	multivitamin w/fluoride
triamterene-hctz	multivitamin/fluoride
valsartan oral tablet	multi-vitamin/fluoride
valsartan-hydrochlorothiazide	multi-vitamin/fluoride/iron
verapamil hcl er	niacin cr
verapamil hcl oral	niacin er oral capsule extended release
Diabetes - Antidiabetic Agents	niacin er oral tablet extended release 1000 mg, 250 mg, 500 mg
acarbose oral	niacin oral tablet 100 mg, 250 mg, 50 mg, 500 mg
glimepiride	niacinamide er
glipizide er	niacinamide oral
glipizide ir	no flush niacin
glipizide xl	one daily prenatal oral 28-0.8 & 440 mg
glipizide-metformin hcl	plain niacin
glyburide micronized	

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Drug Name	Drug Name
pnv prenatal plus multivit+dha	Gastrointestinal Agents - Drugs for Acid Reflux and Ulcer
pnv-dha	acid control maximum strength
pnv-dha+docusate	acid controller
pnv-omega	acid controller complete
pnv-select	acid controller max st
prenatal	acid reducer complete
prenatal (w/iron & fa)	acid reducer max st oral tablet 20 mg
prenatal + complete multi	acid reducer maximum strength
prenatal 19	acid reducer oral capsule delayed release
prenatal adult gummy/dha/fa	acid reducer oral tablet , 200 mg
prenatal complete	acid reducer oral tablet delayed release
prenatal formula	acid reducer plus antacid
prenatal formula a-free	cimetidine 200
prenatal forte	cimetidine acid reducer
prenatal gummies	cimetidine oral
prenatal gummies/dha & fa	dexlansoprazole
prenatal gummy	dual action complete oral tablet chewable 10-800-165 mg
prenatal multi +dha	esomeprazole
prenatal multi+dha	esomeprazole magnesium
prenatal multivitamin plus dha	esomeprazole magnesium dr
prenatal multivitamins	famotidine acid reducer
prenatal one daily	famotidine max st
prenatal plus	famotidine maximum strength
prenatal plus vitamin/mineral	famotidine oral
prenatal vitamin and mineral	famotidine orig st
prenatal vitamin/min +dha	heartburn prevention
prenatal vitamins oral tablet 28-0.8 mg	heartburn relief max st
prenatal/folic acid+dha	heartburn relief oral tablet 10 mg, 200 mg
prenatal/iron	lansoprazole oral
prenatal+dha	misoprostol oral
px niacin	mm acid-pep maximum strength
px prenatal multivitamins	nizatidine
tri-vite/fluoride	omeprazole magnesium
vitamins acd-fluoride	omeprazole oral capsule delayed release , 20.6 (20 base) mg
womens prenatal+dha	omeprazole oral tablet delayed release

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Drug Name	Drug Name
omeprazole oral tablet delayed release dispersible	altavera
omeprazole-sod bicarbonate	alyacen 1/35
omeprazole-sodium bicarb oral capsule 20-1100 mg	alyacen 7/7/7
omeprazole-sodium bicarbonate	amabelz
pantoprazole sodium oral packet	amethia
pantoprazole sodium oral tablet delayed release	amethyst
px acid reducer	apri
px acid reducer max st	aranelle
px dual action	ashlyna
px omeprazole	aubra eq
rabeprazole sodium oral tablet delayed release	aurovela 1.5/30
sb acid controller	aurovela 1/20
sb acid controller max st	aurovela 24 fe
sb acid reducer	aurovela fe 1.5/30
sb cimetidine	aurovela fe 1/20
sb omeprazole	aviane
sucralfate oral	ayuna
Gastrointestinal Agents - Drugs for Bowel, Intestine and Stomach Conditions	azurette
amoxicill-clarithro-lansopraz	balziva
bis subcit-metronid-tetracyc	blisovi 24 fe
bismuth/metronidaz/tetracyclin	blisovi fe 1.5/30
gavilyte-c	blisovi fe 1/20
gavilyte-g	briellyn
na sulfate-k sulfate-mg sulf	camila
peg 3350-kcl-na bicarb-nacl	camrese
peg-3350/electrolytes	camrese lo
peg-3350/electrolytes/ascorbat	charlotte 24 fe
peg-kcl-nacl-nasulf-na asc-c	chateal eq
Hormonal Agents - Selective Estrogen Receptor Modifying Agents	cryselle-28
raloxifene hcl	curae
Hormonal Agents - Sex Hormones and Birth Control	cyred eq
afirmelle	dasetta 1/35
aftera	dasetta 7/7/7
	daysee
	deblitane
	delyla

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Drug Name	Drug Name
desogestrel-ethynodiol oral tablet 0.15-0.02/0.01 mg (21/5)	isibloom
dolishale	jaimiess
dotti	jasmiel
drospirene-eth estrad-levomefol	jencycla
drospirenone-ethynodiol estradiol	jinteli
econtra one-step	jolessa
elinest	juleber
eluryng	junel 1.5/30
enpresse-28	junel 1/20
enskyce	junel fe
errin	kaitlib fe
est estrogens-methyltest	kalliga
est estrogens-methyltest ds	kariva
est estrogens-methyltest hs	kelnor 1/35
estarrylla	kelnor 1/50
estradiol oral	kurvelo
estradiol transdermal	larin 1.5/30
estradiol valerate intramuscular	larin 1/20
estradiol-norethindrone acet	larin 24 fe
ethynodiol diac-eth estradiol	larin fe 1.5/30
etonogestrel-ethynodiol estradiol	larin fe 1/20
falmina	layolis fe
fayosim	leena
finzala	lessina
fyavolv	levonest
gemmily	levonorgest-eth est & eth est
hailey 1.5/30	levonorgest-eth estrad 91-day
hailey 24 fe	levonorgestrel
hailey fe 1.5/30	levonorgestrel-ethynodiol estradiol
hailey fe 1/20	levonorgestrel triphasic
haloette	levora 0.15/30 (28)
heather	lojaimiess
her style	loryna
iclevia	low-ogestrel
incassia	lo-zumandimine
introvale	lutera
	lyleq

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Drug Name	Drug Name
lyllana	opcicon one-step
lyza	option 2
marlissa	philith
medroxyprogesterone acetate intramuscular	pimtreia
merzee	portia-28
mibelas 24 fe	react
microgestin 1.5/30	reclipsen
microgestin 1/20	rivelsa
microgestin 24 fe	setlakin
microgestin fe 1.5/30	sharobel
microgestin fe 1/20	simliya
mil	simpesse
mimvey	sprintec 28
mono-linyah	sronyx
my choice	syeda
my way	take action
necon 0.5/35 (28)	tarina 24 fe
new day	tarina fe 1/20 eq
nikki	taysofy
nora-be	tilia fe
norethin ace-eth estrad-fe	tri-estarylla
norethindrone acet-ethinyl est	tri-legest fe
norethindrone oral	tri-linyah
norethindrone-eth estradiol	tri-lo-estarylla
norethindron-ethinyl estrad-fe	tri-lo-marzia
norethin-eth estradiol-fe	tri-lo-mili
norgestimate-eth estradiol	tri-lo-sprintec
norgestimate-ethinyl estradiol triphasic	tri-mili
norlyroc	tri-nymyo
nortrel 0.5/35 (28)	tri-sprintec
nortrel 1/35 (21)	trivora (28)
nortrel 1/35 (28)	tri-vylibra
nortrel 7/7/7	tri-vylibra lo
nylia 1/35	tyblume
nylia 7/7/7	tydemy
nymyo	velivet
ocella	vestura

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 Oral and self-injectable specialty medications may have limitations based on your plan benefit.

Drug Name	Drug Name
vienna	albuterol sulfate inhalation nebulization solution (2.5 mg/3ml) 0.083%, 0.63 mg/3ml, 1.25 mg/3ml, 2.5 mg/0.5ml
viorele	albuterol sulfate oral
volnea	arformoterol tartrate
vyfemla	BREO ELLIPTA
vylibra	budesonide inhalation
wera	cromolyn sodium inhalation
wymzya fe	elixophyllin
xulane	fluticasone-salmeterol inhalation aerosol powder breath activated 100-50 mcg/act, 250-50 mcg/act, 500-50 mcg/act
zafemy	formoterol fumarate inhalation
zovia 1/35 (28)	ipratropium bromide inhalation
zumandimine	ipratropium-albuterol
Immunological Agents - Drugs for Immune System Stimulation or Suppression	levalbuterol hcl inhalation
azathioprine oral	montelukast sodium oral
cyclosporine modified	roflumilast
cyclosporine oral	SPIRIVA HANDIHALER
everolimus oral tablet 0.25 mg, 0.5 mg, 0.75 mg, 1 mg	SYMBICORT
gengraf	terbutaline sulfate oral
mycophenolate mofetil oral	theophylline
mycophenolate sodium	theophylline er oral tablet extended release 12 hour 300 mg, 450 mg
sirolimus oral	theophylline er oral tablet extended release 24 hour
tacrolimus oral	wixela inhub
Metabolic Bone Disease Agents - Drugs for Osteoporosis	zafirlukast
alendronate sodium oral solution	zileuton er
alendronate sodium oral tablet 10 mg, 35 mg, 5 mg, 70 mg	
calcitonin (salmon) nasal	
ibandronate sodium oral	
risedronate sodium oral tablet 150 mg, 30 mg, 35 mg, 5 mg	
risedronate sodium oral tablet delayed release	
Respiratory Tract / Pulmonary Agents - Drugs for Asthma and Other Lung Conditions	
ADVAIR HFA	
albuterol sulfate hfa	

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zileuton er.....	11
ziprasidone hcl.....	4
ziprasidone mesylate .....	4
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Refer to benefit plan documents to make sure listed medication is included in your benefit. This list should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

## **Quality drives our decisions**

This list is maintained using expert opinions from the Optum Rx Clinical Services and Regulatory Affairs departments and by independent insights and reviews from the Pharmacy & Therapeutics Committee, external clinical consultants, and other clinical resources.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.



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Preventive Select