

What you need to know about coronavirus

Every day we're hearing more about the spread of the [coronavirus disease](#) known as COVID-19. It has been found in a number of other countries, as well as in the United States. The World Health Organization (WHO) is now calling it a global health threat.

What are the signs of COVID-19?

Symptoms can appear anywhere from two to 14 days after exposure. They may include:

- Fever
- Cough
- Having trouble breathing
- Feeling unwell or very run down or tired

Who should I call if I think I'm infected or someone I know is infected?

Call your primary care doctor or your local health department.

Where do I get the test?

If your doctor thinks you may have COVID-19, they will work with the CDC or your local health department to get you tested. Currently, the only test in the United States comes from the CDC.

How do I keep from catching COVID-19?

There's still a lot to learn about the new virus, including how it spreads from person to person. But here are some general rules from [WHO](#) on how to protect yourself.

- Wash your hands often with soap and water. Use hand sanitizer if soap and water are not available.
- If you need to cough or sneeze, cover your mouth with an elbow or tissue. Then wash your hands right away.
- Stay away from anyone who has a fever or cough.
- Don't share cups or utensils with people who are sick.
- If you have a fever or cough, see your doctor right away.
- Don't eat raw or undercooked animal products.
- Clean and disinfect surfaces that are touched often, like doorknobs or TV remotes.

If you're planning to travel, stay up to date on the CDC's travel warnings.